



Tuesday
May 27th, 2025

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link
below (also found
on HWSS) website

Log in with your
student number
and password

Enter numbers
only for your
student number

Your default
password is your
student number

Set new password
on first log in

Instructions to
book your flex
space were
emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

Thank you for your cooperation!



Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the owner's
expense.





Volunteering for the Athletic Banquet?

- Any students who have communicated with Ms. Rampuri or expressed interest in volunteering before and at the Athletic Banquet on June 12th are invited to a short lunch time meeting on **Tuesday May 27th** in the Mat Room at the start of lunch.
- If you are interested in volunteering, and have not emailed Ms. Rampuri, you are also welcome to join.
- Duties and dates will be discussed and sign-up sheets will be verified.
- Looking forward to seeing you all there, all are welcome. Volunteer hours will be verified for any courses or grad requirements needing to be met.



ALL GRADE 11 CLC FLEX MEETINGS

AITKEN: Thurs. May 29th Room 240

FERRER: Thurs. May 29th Library

GAY: Wed. May 28th Room 104

JARVIS: Wed. May 28th Room 109

JOHAL: check email/Teams

LEE: check your Teams

PAISLEY: Wed. May 28th Room 232

ROSS: Wed. May 28th Room 238

SALOUSTROS: Fri. May 30th Theatre

SMITH: Wed. May 28th Computer Lab-Library

TING: Thurs. May 29th Room 214

WIEBE: Wed. May 28th Room 305

**** If you are unable to make this meeting, please contact your CLC teacher.**

KODIAK ATHLETICS



SAVE THE DATE

- **Athletic Banquet is Thursday, June 12, 2025.**
- **Purchase tickets on SchoolCash online, sales will close on June 1st.**



Girls Rugby 7s

- Best of luck to our Girls Rugby 7s team as they head into Provincials next Thursday and Friday in Abbotsford!
- This marks their fourth consecutive year competing at this level — an incredible achievement. Let's show them our support as they represent us with pride and determination



CAREER CENTER





Student Volunteer Opportunity- SD43 Summer Learning Program

Summer Learning

Website: <https://ce43.augusoft.net//info/landing/summer-learning>

High school students interested in volunteering for elementary or middle school programs can fill in this [FORM](#).

If you have any questions, please contact the summer learning volunteer coordinator, Mr. Wally Sawchuk (wsawchuk@sd43.bc.ca).



Summer Volunteer Opportunity with SD43

The Coquitlam School District's Summer Learning program is pleased to once again offer a volunteer opportunity for our secondary students. Last year we placed over forty students into SD 43 Summer Learning classrooms, a valuable experience for students and teachers!

Successful volunteers will be placed in local elementary or middle classrooms and earn necessary volunteer hours as well as a letter of reference from their sponsor teacher.

Spots are limited so submit a completed application early.

The application form can be found on the Summer Learning Website.

Summer Learning Website: <https://ce43.augusoft.net//info/landing/summer-learning>

High school students interested in volunteering for elementary or middle school programs can fill in this [FORM](#).

2025 Grads - Have you received a scholarship?

- We want to know if you have been offered any scholarships so we can recognize your accomplishments in the commencement brochure.
- But you need to tell us!
- This form can be found on Career Ctr Finances & Awards page at the top
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Hand in completed form to Ms. Butler no later than June 01, 2025.



Have you received a Scholarship?

PLEASE PRINT CLEARLY

Last Name: _____

First Name: _____

HWSS Student # _____

Many students have been actively applying for scholarships on their own time. In order for your accomplishments to be recognized, please complete this form and return it to the Career Centre by **June 1**, Please remember to write a letter thanking any or all scholarship/bursary/award donors.

Award Name: _____

Donor: _____

Amount: _____

Note: _____

Award Name: _____

Donor: _____

Amount: _____

Note: _____

Award Name: _____

Donor: _____

Curious about a career in the skilled trades?
Want to get started?



SD43 TRADES HIRING FAIR

Wednesday
June 4th, 2025

5 - 7 PM
bring your resume



AT CENTENNIAL
SECONDARY

570 POIRIER ST.
COQUITLAM

[43CAREERS.COM](https://43careers.com)

CAREERPROGRAMS@SD43.BC.CA

SD43 TRADES HIRING FAIR

JUNE 4TH 5-7PM AT CENTENNIAL SEC



Scan me

- *List of employers attending & which trades are in demand
- *Check back - list will be updated regularly



43CAREERS.COM

CHAMP Sustainability Mentorship Program

Calling All Future Sustainability Leaders! 🌱

Metro Vancouver's CHAMP 2025: High School Action & Mentorship Program is now accepting applications! Open to students entering grades 10 – 12 in September 2025, this program offers an incredible opportunity to build leadership skills, connect with like-minded peers and mentors, and take meaningful climate action in your school and community.

Program highlights include:

- 🌲 Four-day camp at Loon Lake Lodge (August 17 – 20) to kick off the program with team-building, leadership skills, and sustainability learning
- 🤝 Fall sessions on topics like zero waste, water conservation, and collaborative action
- 💡 Hands-on action projects with support from mentors and community leaders
- 🎓 Perks for participants: volunteer service hours, a certificate of participation, and a reference letter

Apply by May 30, 2025, and be part of the next generation of changemakers! 🌍 Find out more at metrovancover.org (search “youth events”) and on Instagram [@youth4action](https://www.instagram.com/youth4action).

Youth4Action
LEADERSHIP PROGRAMS

COMMUNITY










I-SPARC
Move | Play | Compete

Indigenous Sport,
Physical Activity &
Recreation Council





**VANCOUVER
BANDITS
BASKETBALL
CAMP**

- Camp will feature skill development for the beginner and more advanced player
- Open to self-identifying Indigenous youth of all genders, between the ages of 12 - 17 years
- Please bring water bottle, indoor shoes, dress to play
- Game ticket for youth and family member, and a \$10.00 food/beverage voucher for that night's game
- Maximum of 40 participants per time frame
- Game: doors open at 3:30pm

Register Here:

Event Inquiries:

Jenn Forlin

Sport & Physical Activity
Coordinator,
Fraser Region
jforln@isparc.ca
250-856-0854

Pete Natrall

Sport & Physical Activity
Coordinator,
Vancouver Coastal Region
pnatrall@isparc.ca

FREE OF CHARGE

12:30pm - 1:45pm
or
1:45pm - 3pm
**SUNDAY
JUNE 1ST**

Langley Events Centre
7888 200 St, Langley,
V2Y 3J4

Indigenous Basketball Camp

June 1st

FREE OF CHARGE

Register Here:



Freedom & Peace Concert

Saturday, May 31st, 2025 at 7:00 pm
Pacific Academy (10238 168 St, Surrey, BC V4N 1Z4)

The Program Highlights

W.A.Mozart The Marriage of Figaro Overture / The Phantom of Opera / dear friend / You raise me up /
pining of Mt gumgang / song of wind / O Sole mio / Le temps des cathedrales



An invitation performance by Korea's classical vocal group, UANGEL VOICE.



Port Moody Youth Symphony Orchestra

Soloists



Conductor /
Artistic Director
Stella (Hyeajung) Park



Flutist
Ji Woo Ahn



Violinist
Ji Won Kim



Soprano
Angelina Park



K Children's Choir

Ticket Prices : R: \$100 S: \$70 A: \$50 B: \$30 (Tickets are available at the door.)
Inquiry : PMYSO Assistant Manager Monica Cho 604-209-0569

50% discount for seniors, disabled and students

Tickets are available at the Anvely Center. (9912 Lougheed Hwy Burnaby)



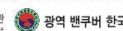
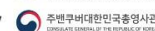
Need a ticket?
Scan here for 30% off

Hosted By



Port Moody Youth Symphony Orchestra Society

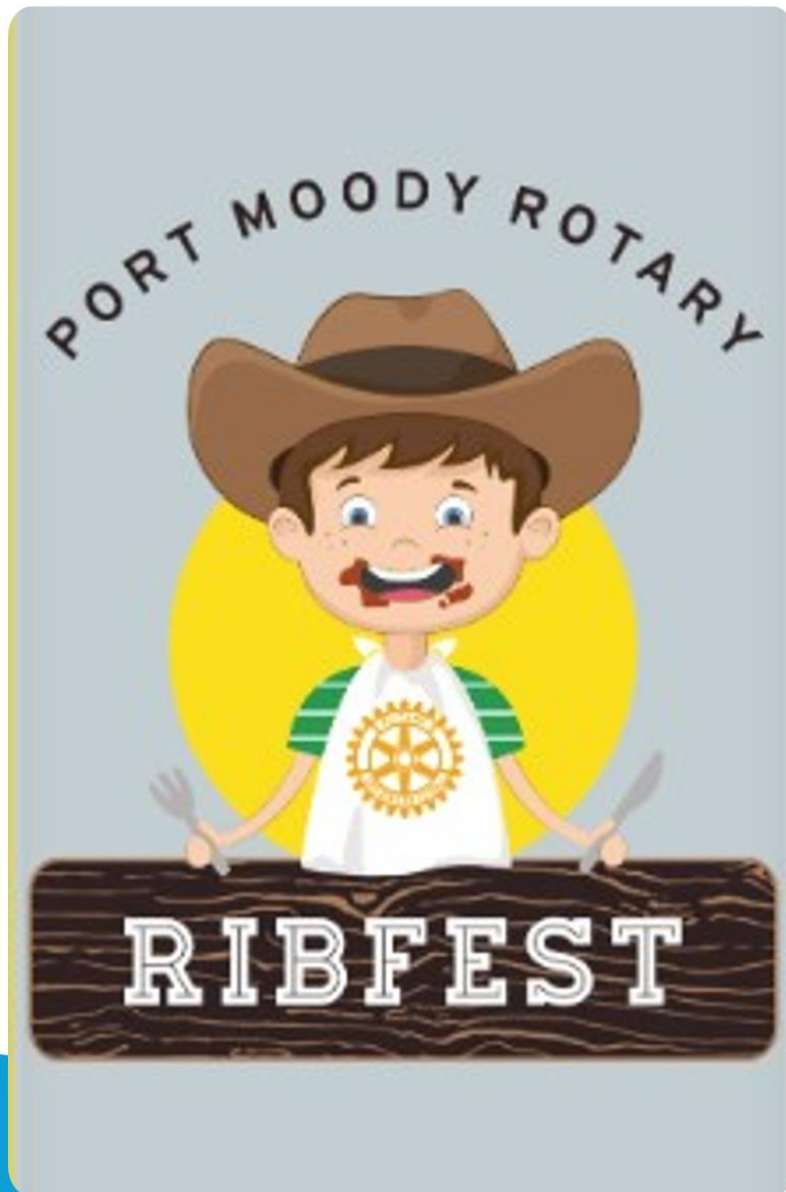
Sponsored by



May 30

PUBLIC SPEAKING CONTEST

- Date/time - June 7th, 1pm-6pm
- Location - Coquitlam public library
- Great way to improve your public speaking skills, and compete with others!
- Cash prizes, and more for winners
- If interested, please email ravisafaya@ylsbc.org, or visit ylsbc.org for inquires



Rib Fest Volunteers Needed

13 years +

Calling all fun-loving volunteers! The Port Moody Rotary wants you to be part of the excitement at the upcoming RIBFEST! Help them make this community event a smashing success. There's a host of volunteer roles available, from the green team to information technology.

- The Port Moody Ribfest 2025 is scheduled for July 18 to 20 at Rocky Point Park. The event will feature barbecue from seven ribbers, live music, a beer garden, and kids play area.

- <https://portmoodyribfest.ca/volunteer/>